Maclumaadkusaabsancorona-fayras

Maclumaadkusaabsan corona-fayras

Waxaajiracudurcusub.
Jiradaanwaxeey ka timid fayraska corona la dhaho.

Fayraswaxaawaaye wax jirokeeno.
Fayraswaa wax aad u yar.
Fayrasdadkaayujiro u keena.
Dad jiran dad kale fayraskaweeyqaadsikaraan.

Jirkeenafayraskawalimayaqaano.
Jirkaiskamadifaacikarofayraska.
Taasaa u sabab ah in ayjiradakugudhacdo.
Jirooyinkaqaartalaalayaakaacelinaayo.
Coronafayrastalaal ma lahan.

Qofka corona fayraskakudhacowaxeeyqabaan:

- Qufaciyosanboor
- Feebaro
- Neeftaookudhibayso

Cudurkadadkabadaankooddhibaato badan umakeenayo.
Cudurku aad buu qatar ugu yahay dadka qaarkood.
Qaasahaandadkaduqoobayiyodadkajirkoodaaanawood badan laheeyn.

Sidaasayaacudurkaiskagailaalikarta:

- Gacmahaagasijoogto ah kudhaqsabuun.
  - Gacmahaagauguyaraandhaq 20 sekan.
  - Xitaamarkaaadqufacdoamahindhisto ka dib.
  - Iyo markaaadsankanadifsatid.
  - Gaarahaanmarkaaadraacdid bas iyotareen.
- Ka fogawdadkahindhisayoiyoqufacayo.
- Uguyaraanhal meter ka fogaw, waxaa ka fiicanlabadadagacmooddhirirkooda in u dhinganto in aad ka fogaatid.
- Dadkagacan ha kusalaamin.
- Dadka hab ha siinin.
- Iskailaalimeeleydadkaku badan yihiin.
- Gacmahagawajigakailaali.
- Macuunka (tusaaloahaankoobabka, qaadoyinka...)
  ha la isticmaalindadka.
- Teleefonadacasrigaiyotabledyadakunadiifiyadawooyinkajermiskadilo.

Hadaadhindhiseeysoamaaadqufaceyso

Ka fogaw dadka kale markaad qufacayso ama hindhisayso.
Isticmaalwarqad.
Markaad qufacayso ama hindhisaysoisticmaalwarqad.
Waraaqdahal mar isticmaal.
Markaaskadibqashinkakurid.

Hadaadanwarqadhaysanin:

Kuaadigacantadaiyoxusulkaagainta u dhaxeeysosankaiyoafka.

Hadaadraacdidtalooyinkaan:

Jirada si fududmakugudhaceyso.

Haddiaadumaleeysid in aadjirantahay:

Ha cabsanin.
Waxaadhicikaro in xumadkuhayso.

Waxaa u malaaysainaadqabtofayraska corona.

- Fadlangurigajoog.
- Usheegshaqada in aadjirantahay.
- Si toos ah ha u aadindhaqtarkaga.
- Telefoonkaugusheegdhaqtarkaga.
- Dhaqtarkasuaaloayuu ku weeydiina.
  Asagaayaakusheegayowaxaadsameeynesid.

Hadaadweysiddhaqtarkaga:

Waxaadwacdagargaarkadegdega.
Halkaasmarwalbodhaqtarwaadkaheleeysa.
Lambarkasayaadkahelikarta: 116 117.

Suaalmaad ka qabta corona fayras?

Hadaadsuaal ka qabtidjiro kale

amafayraska corona.

Waxaadwacikartatelefoonkadadweeynaha.

Shaqalahaayaakagajawaabayosuaashaada.
Shaqalaha si ficaanayeey u yaqaanaancudurka.
Lambarkasayaadkahelikarta:030 3 46 46 51 00 (WasaaraddaCaafimaadka)

Dadkaqabodhibaatooyinkamaqalkasidaanayee u la xariirikaraan:
Fax: 030 340 60 66 07
E-Mail: info.gehoerlos@bmg.bund.de [1]

Quell URL:https://soziales.hessen.de/gesundheit/infektionsschutz/informationen-zum-corona-virus-leichter-sprache