



Europe, January 2026

Dear Member of the European Parliament,

In today's rapidly changing world, family remains one of the most important sources of support, identity, and stability. We write to you on behalf of the growing number of binational families in Europe – people who, in the spirit of the European Union, contribute to peaceful coexistence and embody the values of unity, diversity, and freedom.

Thanks to the EU, generations of Europeans can travel, study, live, and work across borders. As a result, millions of relationships and families now span national lines, contributing socially, politically, and economically to the communities they call home. As the **European Network for Binational-Bicultural Couples and Families (ENB)**, we advocate for **the right to love and build a family life with the person of one's choice**, regardless of nationality (see Appendix).

**European and international law affirms this right.** The European Convention on Human Rights (ECHR) and the Charter of Fundamental Rights of the EU ("Charter") protect the rights to private and family life (Art. 8 ECHR, Art. 7 Charter), to marry and found a family (Art. 12 ECHR, Art. 9 Charter), and the right of children to maintain meaningful relationships with both parents (Art. 24 Charter, Art. 10 UN Convention on the Rights of the Child). **EU citizenship further strengthens these rights**, including the freedom to live and work with equal treatment across Member States.

**The Citizens' Rights Directive** (Directive 2004/38/EC) grants the right to family reunification with a non-EU family member to EU citizens who have exercised their freedom of movement and reside in a Member State other than their own, or who return to their country of origin after having lived in another Member State with a non-EU family member. **This legal framework ensures that binational families can stay together under clear and relatively harmonized rules.**

**Christine and Amal's story** illustrates the potential of this directive: This is the best-case scenario. But for many couples, it remains out of reach. **The reality is far more complicated.**



They met while traveling – Christine, an EU citizen, and Amal, a non-EU citizen – falling in love over their shared love for food and cooking. For a time, they maintained a long-distance relationship. Eventually, Amal was accepted into a Master's program in an EU country. Christine, able to quit her job, moved there as well – using her right to free movement – and found new employment. Living together again confirmed what they already knew: this was a long-term love story. They married. When Amal's studies ended, Christine had a job offer in her home country. Because they had exercised their right to free movement together, the directive entitled Amal to join her there and to receive a residency card.



**For EU citizens who have not exercised their right to free movement and live in their country of nationality, national laws for family reunification apply.** These laws vary greatly from country to country, and in many cases, are significantly more restrictive than the Citizens' Rights Directive. Non-EU partners must often pass language exams before arrival, while their spouses must prove disproportionately high-income levels or navigate opaque bureaucratic processes that lead to prolonged separation or even denial of entry.

**These national laws are, in many cases, incompatible with the principles enshrined in European and international law.** Children are separated from one of their parents. Couples are kept apart for years, unable to start a shared life. Some parents are forced into single parenthood because they cannot meet income thresholds while caring alone for a child. And all too often, visa applications are delayed or rejected due to arbitrary or discriminatory practices, further compounding the harm. This legal disparity creates an unfair system that privileges those with the means to use free movement – such as individuals with financial security, access to programs like Erasmus or to strong academic networks – while disproportionately disadvantaging those with lower incomes, less formal education, caregiving responsibilities (often women), or disabilities. In effect, this institutionalises structural discrimination and denies many EU citizens the fundamental right to family life.

From our daily work with affected families, **we observe the following recurring and urgent issues:**

- ➔ **Disproportionate scrutiny** subjects binational couples to invasive investigations that delay or prevent family reunification.
- ➔ **Complex and opaque application procedures** are expensive, slow, and frequently involve arbitrary documentation demands.
- ➔ **Discriminatory practices and structural racism** lead to unequal treatment based on nationality, race, gender, age, sexual orientation and socio-economic background.
- ➔ **Employment restrictions** cause financial stress and dependence for non-EU partners.
- ➔ **Excessive income requirements** burden families with less formal education or where one partner cannot work, is disabled, or is a primary caregiver.
- ➔ **Permit insecurity**, constant renewals and repeated bureaucratic hurdles create instability and exclude families from public services, healthcare and housing.
- ➔ **Relations of dependence** due to the current legal framework reinforce unequal power dynamics, especially in the case of domestic abuse and violence.
- ➔ **Long-term separation** caused by bureaucratic delays often leads to mental health problems and family instability.

Despite these challenges, **binational couples across Europe contribute to our societies just as any other loving family does – with care, resilience, and commitment.**

extended delays  
#binationalcouples  
additional requests  
#lovingday  
suspicion  
bureaucracy  
control  
investigation  
invasion of privacy  
second-class citizen  
dependence  
discrimination  
invisibility  
no way  
inequality  
restrictions  
instability  
precariousness  
arbitrariness



**We therefore urge you to take meaningful action to protect their rights.** We call on you to:

- ➔ **Improve data collection and monitoring** on binational families across the EU, including domestic partnerships and LGBTQIA+ couples, to ensure their visibility, by:
  - ▶ calling for the systematic collection of disaggregated data in Eurostat and FRA reports.
  - ▶ including a dedicated section on binational partnerships in the next EU Citizenship Report.
- ➔ **Acknowledge and address the unequal treatment** of binational couples, particularly where the EU citizen resides in their own Member State and has not exercised their right to free movement, by:
  - ▶ holding dedicated LIBE & DROI Committee Hearings on Binational Families, with expert and civil society input (e.g. ENB), to raise awareness and enhance legislative scrutiny.
  - ▶ initiating an inquiry into the implementation of Directive 2004/38/EC in Member States, within the Annual Report on the application of EU law, to assess and compare national practices of reverse discrimination.
- ➔ **Uphold, protect and expand the right to family life** for all EU citizens with non-EU partners, in full alignment with EU and international human rights standards, by:
  - ▶ holding Member States accountable for indirect violations of the ECHR and the Charter by not treating their own citizens in accordance with Directive 2004/38/EC.
  - ▶ urging the Commission to initiate infringement proceedings against Member States whose family reunification laws disproportionately restrict binational families.
  - ▶ encourage Member States to align national legislation with Directive 2004/38/EC by eliminating pre-arrival barriers, such as language tests, and by setting income requirements proportionate to average living costs.
- ➔ **Ensure equal and respectful treatment** in all Member States by establishing EU-wide guidelines for transparent application procedures that protect couples' right to privacy and eliminate arbitrary, invasive, or discriminatory practices such as "genuineness" checks.

The EU must stand for fairness, dignity, and inclusion. These are not abstract ideals – they are lived realities for millions of Europeans. We urge you to act decisively to ensure that the right to love and live as a family is not a privilege, but a right equally accessible to all. Thank you for your attention and for your support and commitment to a more just and inclusive Europe.

To the love!

**On behalf of the ENB**

A handwritten signature in black ink, appearing to read 'AS' or 'Anna Sabel', written in a cursive style.

*Anna Sabel*

*Managing Director of the Association of Binational Families and Partnerships, iaf e.V. (federal office, Germany)*

Our member associations came together to form the European Conference for Binational/Bicultural Relationships in 1990, becoming the **European Network for Binational-Bicultural Couples and Families (ENB)** in 2016. We work in the Member States where we are represented and together at European level to defend the universal and fundamental right and freedom for everyone to love and pursue a family life with the person they choose, regardless of their nationality.

We bring together a wide range of expertise and activities, from providing direct support to families and lobbying decision-makers, to conducting research and raising public awareness. Our member associations, active in 10 countries, have been working in the field for 9 years, each with deep experience in defending the rights of binational couples and families. Many of our members are themselves part of such families, giving our work a deeply personal and informed perspective. Moreover, a great many of us are ourselves part of binational couples and families.

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